



Teaching Kids to Cook

#AFamilyFeast

Cooking and baking with your children is a wonderful bonding activity and the kids love to get messy in the kitchen, especially when it comes to licking the bowl out, or eating the finished goodies.

Not only is it fun, but it provides your children with skills they can take into adulthood. It also encourages their imagination and creativity.

Whether you prefer a simple bake such as chocolate cornflake nests, or something more complex such as flapjacks or brownies, there's a recipe for every age. So grab a bowl and spoon, and get creative in the kitchen!

Worktop Express would love you to write a post about yours or your children's favourite things to bake or cook. And don't forget to include the recipe! It can be something savoury, healthy or sickly sweet, it's completely up to you.

We can't wait to see what you come up with.

Cooking Up a Treat

We'd love you to link to our eBook in your post. The eBook has some recipes in it that you can try yourself, or you can bake something of your own.

Once you've written your post and published it, we'd love it if you could share it on your Twitter channel. And don't forget to include the hashtag **#AFamilyFeast** and to tag us at **@WorktopExpress** so we can see all of your fabulous bakes.

